

**Performance Management Report from 1st June to 30th September 2018
Sports Development update****Club and Coach Development**

The Team facilitated the AGM's of both the Newark and Sherwood Sports Council (NSSC) and Southwell Sports Forum (SSF) in September.

The AGM of the NSSC was attended by representatives of 9 clubs as well as members of the team. During the AGM a discussion was held around how the sports council and the team can best support clubs during the next 12 months. Areas of discussion included possible funding opportunities for clubs, but also how to best utilise the funds currently in the sports councils accounts. It was decided that, with the support of the team, a project should be planned during 2019, to support clubs in the District to actively promote themselves and attract new members.

Following the AGM there was a short presentation on the funding opportunities available through the special events and coaching grants which the team administer on behalf of the District Council. Several clubs expressed an interest in applying to these funds and the team will support them with submitting their applications.

The AGM of the SSF was hosted on Wednesday 26th September at Southwell Rugby Club. There were 7 Southwell based clubs represented including 2 clubs (Southwell Netball Club and Southwell Badminton Club) who were attending the Sports Forum for the first time. Representatives from Active4Today, Southwell Leisure Centre Trust and Southwell Town Council were also in attendance.

Reflecting on the last year for the Sports Forum, the Chair and Treasurer reported that Southwell now has 24 sports clubs listed in the town guide with 1000+ registered players between them. All of these clubs are regularly in contact by the forum and the sports development team from Active4Today, to ensure they receive the support they require.

Following the AGM a presentation was made to the group by Edwina Archer, Funding Officer from Active Notts (formerly Sport Notts).

The first edition of the Newark and Sherwood Sports Clubs newsletter was published and distributed to clubs through the TRP system at the end of September. This bi-monthly newsletter will be used to keep clubs updated on funding, volunteering and other relevant news. For future editions success stories from clubs around the district will be included.

In partnership with Notts FA, earlier this year, A4T delivered the first ever Level 1 Course designed specifically for coaches with a disability in Nottinghamshire. Four of the coaches were from Newark, with support provided to ensure they had the opportunity to coach. They have been linked with the coaches at Newark Town FC and in July had their first experience of coaching at the 'Girls Centre of Development'. The coaches have all signed up to the VISPA scheme and been offered continued support throughout the process. One of the coaches also now volunteers at the weekly 'Disability Boccia' sessions at NSFC and has already achieved his 'Bronze Award'.

Magnus Academy are hosting and providing the officials for the Newark Schools Boccia League this coming term. To support this a training session has been delivered for their Sports Leaders who will be officiating – giving them an overview of the rules and scoring system. From this three pupils have signed up to the VISPA scheme and are volunteering regularly at the 'Disability Boccia' sessions on Tuesday afternoons.

An appeal for help recruiting new players by Ollerton Town Ladies FC has led to a series of meetings where support to develop a long term strategy to help secure the long term future of the section. Advice has been provided to secure funding from the FA to support a series of free sessions for local teenage girls over the 14+ age group. Alongside this, they will be submitting an application to start an FA Wildcats Centre, a national strategy to get more girls aged 5-11 playing football. To support this further, it is hoped there will be a bespoke course for Ollerton Town FC to develop more female coaches.

In this period there have been 26 people sign up to the VISPA scheme volunteering in a number of sports including boccia, football, trampolining, swimming, assisting in the gym and athletics. These volunteering roles are being carried out at various locations both in centres and in the community, supporting local sports clubs.

Between April and September there have been 13 grant applications presented, all of which have been for coaches and officials either volunteering or officiating within the district. At present, 4 applications have been approved, with the remaining 9 applications being reviewed during the October meeting of the panel.

Inclusion

The team has now secured £5,000 of Satellite Clubs funding through Active Notts, which will be used to deliver new activities aimed at young people aged 14+ in Ollerton, Bilsthorpe & Newark. This will be delivered alongside the youth service in Ollerton and Bilsthorpe and through the Newark Academy in Newark, working with school staff and coaches from sports clubs.

In August, the team successfully submitted an application to StreetGames (a national youth sport charity who are partner Sport England) for Active4Today to be recognised as a "StreetMarked" organisation. This allows Active4Today to access funding, insight and training opportunities as part of the StreetGames network.

Throughout the year the team have been working to promote the facilities at Newark Academy to attract new bookings and renew booking agreements for existing users. This process has seen a big uptake in midweek winter sports hall bookings. The focus for next quarter is to fill the space currently available in the 2 activity studios whilst continuing to actively explore opportunities to secure new lettings at the community facility. Several regular bookings have moved or are in the process of moving over to direct debit payments, a streamlined payment process and this will be a requirement for new bookings moving forwards.

At Bishop Alexander Academy, the team has worked with Fernwood Foxes to secure 4 hours of their junior teams training at the facility. Work is continuing with other providers including Mini Kicks to secure long term bookings at the site.

The team are continuing to work closely with several sports clubs in the district who have ambitions to raise funds and expand their membership base. This is set to continue with clubs to put plans in place to develop write funding applications to provide them with the resources to do so.

Support has continued in schools, providing them with structured multi sports activities for their children with challenging behaviour as part of the SBAP project. During this period there have been pupils at William Gladstone and Mount Primary in Newark, Flying High Academy in Bilsthorpe. The partnership with Dukeries Academy has grown further, supporting their Year 7, 8, 9 and 10 pupils who are in their 'Success Centre' – a separate unit providing part time education for students who are excluded from their mainstream lessons. Fitness based classes, circus activities and healthy eating sessions in partnership with Everyone Health have also been delivered.

A number of sporting holiday activities were delivered for Home-Start, a national charity based at Castle House who support families with a range of issues. The sessions also included healthy eating help and advice to the parents by Everyone Health.

Throughout July a range of sport and physical activities were delivered at 'Young Peoples Events' in Hawtonville, Ollerton and Bilsthorpe. This annual event was ran by Nottinghamshire County Council and included a number of different attractions. Active4Today offered a number of varied activities including football, boxercise, fitness classes and gym based classes utilizing their outdoor gym equipment.

Reach Newark continue to receive support from A4T. Monthly coaching sessions are delivered to the members of their sports group. The group consists of 15 members with a variety of learning/physical disabilities and have participated in a number of sports including football, boxercise, rounders, rugby and athletics. In addition Everyone Health has been invited to provide practical food preparation sessions to educate the group on the benefits of healthy eating.

Active Lifestyles

Working in partnership with public health partner Everyone Health, the 'Otago' balance and strength group exercise programme has been launched at Southwell Leisure Centre. This programme is suitable for those who have mobility and stability challenges, with participants enjoying both seated and standing exercises which help improve their strength, balance and confidence. These classes aim to help people maintain healthy, happy and more independent lives as they get older. What is pleasing to see is that more than 60% of the class are male, which is rarely the case. Referrals are received from health professionals as well as having the option to self-refer. Following on from the success of the programme a second session at Dukeries Leisure Centre will be delivered from November.

Communications and public relations

The team attended the Newark Half Marathon at Sconce and Devon Park as one of the events sponsors. As well as setting up a stall and promoting Active4Today activities and centres, 6 local runners who finished top of their age classification were presented with a one month free pass for Active4Today facilities.

Over the summer holiday a 'Family Fun Day' was attended by the team for the residents of the Yorke Drive Estate in Newark. Fun sports challenges were delivered for the children alongside other activities provided by the District Council. The event also provided the opportunity to make contact with a number of members of the residents association; these contacts will be utilised in our aim to increase activity in the Bridge Ward.

In August, A4T supported Newark and Sherwood District Council at the 'Larks in the Park' events at Sconce and Devon Park in Newark and Ambleside Park in Ollerton. The events were free of charge to the public and alongside hula hooping and circus skills a 'Sports Day' type challenge was offered and gave away a small goody bag to the top performers in different age groups.